



# Girls Camp

## Packing List

**\*No Cellphones or other Electronic devices\***

### Clothing:

- ☐ Modest Pajamas
- ☐ Underwear
- ☐ Socks, 5 to 6 pairs (pack extras)
- ☐ 4-6 Shirts, include at least one long sleeve
- ☐ 4 Pants or jeans
- ☐ Modest walking shorts or capris
- ☐ Sweatshirt/Sweater
- ☐ Modest Swimsuit, No bare middles, NO bikinis (dark colored t-shirt & shorts ok)
- ☐ Poncho or raincoat
- ☐ Warm Jacket
- ☐ 2 pairs of closed toes shoes, ex. sneakers, hikers
- ☐ Flip flops for showers
- ☐ Water shoes (optional, or old shoe you can get wet)
- ☐ Hat

### Bedding:

- ☐ Sleeping bag or bedroll
- ☐ Pillow with pillow case
- ☐ Extra Blanket
- ☐ Foam pad, air mattress or folding cot

### Optional Items:

- ☐ Pocket Knife
- ☐ Sunglasses
- ☐ Small sewing kit
- ☐ Tissues
- ☐ Ear Plugs
- ☐ Wrist Watch
- ☐ Rope & clothes pins for wet clothes
- ☐ Watch

- ☐ Chapstick with sunscreen

### Toiletries:

- ☐ Personal Medication to be checked in with nurse
- ☐ Washcloth and 2 Towels, one will be for the beach
- ☐ Soap (and baby wipes)
- ☐ Deodorant
- ☐ Feminine Protection, if needed
- ☐ Toothbrush/toothpaste
- ☐ Hair brush or comb
- ☐ Shampoo
- ☐ Hair ties, headbands, etc., if needed

### Other Necessities:

- ☐ Scriptures
- ☐ Personal Progress Book
- ☐ Journal and pens
- ☐ Water Bottle
- ☐ Flashlight and extra batteries
- ☐ Small First-aid Kit
- ☐ Insect Repellent
- ☐ Sun-block, waterproof is best
- ☐ 1 roll of toilet paper
- ☐ Camp chair or 5-gallon bucket for sitting around the fire
- ☐ Small backpack for the hike
- ☐ Compass, if you have one
- ☐ Work / Garden Gloves
- ☐ Camera (No Cell Phones at Camp)
- ☐ Safety Pins
- ☐ Mark everything with your name in permanent marker.

