



Girls Camp

Packing List

No Cellphones or other Electronic devices

Clothing:

- Modest Pajamas
- Underwear
- Socks, 5 to 6 pairs (pack extras)
- 4-6 Shirts, include at least one long sleeve
- 4 Pants or jeans
- Modest walking shorts or capris
- Sweatshirt/Sweater
- Modest Swimsuit, No bare middles, NO bikinis (dark colored t-shirt & shorts ok)
- Poncho or raincoat
- Warm Jacket
- 2 pairs of closed toes shoes, ex. sneakers, hikers
- Flip flops for showers
- Water shoes (optional, or old shoe you can get wet)
- Hat

Bedding:

- Sleeping bag or bedroll
- Pillow with pillow case
- Extra Blanket
- Foam pad, air mattress or folding cot

Optional Items:

- Pocket Knife
- Sunglasses
- Small sewing kit
- Tissues
- Ear Plugs
- Wrist Watch
- Rope & clothes pins for wet clothes
- Watch

- Chapstick with sunscreen

Toiletries:

- Personal Medication to be checked in with nurse
- Washcloth and 2 Towels, one will be for the beach
- Soap (and baby wipes)
- Deodorant
- Feminine Protection, if needed
- Toothbrush/toothpaste
- Hair brush or comb
- Shampoo
- Hair ties, headbands, etc., if needed

Other Necessities:

- Scriptures
- Personal Progress Book
- Journal and pens
- Water Bottle
- Flashlight and extra batteries
- Small First-aid Kit
- Insect Repellant
- Sun-block, waterproof is best
- 1 roll of toilet paper
- Camp chair or 5-gallon bucket for sitting around the fire
- Small backpack for the hike
- Compass, if you have one
- Work / Garden Gloves
- Camera (No Cell Phones at Camp)
- Safety Pins
- Mark everything with your name in permanent marker.

